



Our main goal is to educate our children through sports, serving as a perfect vehicle for the transmission of important values such as companionship, effort or respect.

Playing sports often brings benefits for the health and emotional development of children who practice it, as it helps them to socialize, acquire discipline, organizational capacity and concentration: children enhance their logical ability to think about the most appropriate play and They learn to lose and tolerate frustration. Sports practice enhances the spirit of self-improvement and sacrifice, generates self-esteem in the child, ability to work in groups and strive. It also stimulates motor coordination and improves peripheral vision and blood oxygenation.

We will have sports professionals who will be responsible for their training and delivery of values in the different sports modalities.

SOCCER

We have a strong soccer program at our School divided into categories according to our students' ages. Practices are from Monday to Thursday at 17:00 pm. Students will participate in the **Escuelas Católicas League** (<http://ecsevilla.org/deportes/>) which start In November and will include 15 matches approximately during the Schoolyear. A professional monitor is responsible of each category.

This activity includes a complete kit consisting of a training shirt, a competition shirt, shorts, a pair of socks and a sweatshirt. It also includes the annual cost of competition. Thanks to the numerous participation we have had years ago, we dare to launch this modality as the pioneer in representing the school in an official competition. For this, new training and competition kits have been designed, exclusive for your children, which will show off in all the external appearances that we will have during the season. The objective is to seek sports and participatory improvement in this sport, following a short-term project of competing at the top of the province of Seville.

BASKETBALL

Basketball is a popular activity at School that involves a lot of variety, including shooting, dribbling, passing, rebounding, defence and much more.

Our goal is to get a team reference in the city in the med term. We have the great advantage of having the Sports Pavilion, which ensures that training will not be suspended for weather reasons.

This activity includes a training kit.

ROLLER SKATING

Rollerblading is a fun activity that involves skating while wearing inline skates, or rollerblades. We will offer our families to join all the activities that take place during the weekends.

P.E. clothes, knee pads, elbow pads and helmet skating are compulsory.

JUDO

Judo is a rigorous and demanding physical activity in our School. The practice of judo techniques helps the children develop basic and fundamental physical fitness in a number of ways, such as the development of strength, flexibility, agility, speed, dynamic and static balance, explosive power, and endurance. The practice of active attack and defense helps develop reaction time, coordination, and overall physical self-confidence. Judo students become physically bigger, stronger, and faster through their practice of judo. We will propose different participations in competitions with an extra cost. For further information contact us.

GYMNASTICS

The gymnastics program can contribute to students achieving basic motor skills and movement patterns, with or without equipment, in a range of environments.

P.E. clothes are compulsory.

VOLLEYBALL

Volleyball is a versatile sport that combines teamwork, dexterity and physical and mental agility. The variety and quantity of volleyball exercises are very wide, and its benefits are evident: it develops reflexes or rapid reactions and also the ability to balance and control. It is an integrative game, with high socializing content, which requires physical resistance and concentration. It will be taught by a monitor belonging to the Mairena Voley Club and our students will be able to join the different activities that this Club organizes.

The activity will take place in the Sports Center and will be formed if the number of students allows it, teams by categories and will start in the competition if the number of students allows it. When the time comes, we will inform you of the Competition everything that participates in it implies: match days, equipment and the commitment to belong to a team.

This activity includes a training kit.

ROWING YAGO SCHOOL TEAM

This activity has been designed exclusively for us by the Club Náutico of Seville and is aimed for students from Primary 5 onwards. It is an ambitious project that sets its sights on having a rowing Yago School team in the short term, led by the best professionals in a unique enclave such as the Guadalquivir River.

Our students will have a weekly training in the water, with a boat and a monitor for them. This session will take place every Tuesday or Thursday (depending on the level) and the school will take you on a route to the Yacht Club of Seville as soon as the school day ends. The activity will last approximately one and a quarter hours and will end at 6:30 pm. On Fridays they will have a physical session at their disposal, in which they will work to get in shape with other students of the club. All students must be federated and will have an additional cost of € 16 for the remaining three months until December 31 and € 31 from January that will cover the entire following calendar year. All students who last federated will therefore have to pay only € 31 in January for the entire 2020 year.

- ✓ All activities are subject to a minimum and maximum number of children.
- ✓ Activities will be charged every term.
- ✓ The price of all activities is quarterly. The first two quarters will be charged in full and in the third quarter, being a period of two months instead of three, the proportional amount will be charged for those two months. There will be a single **tuition fee of 10 euros** per pupil and activity per year. Rowing is annual, from October to May. In Tech Club the compromise is for 5 months from October to February.
- ✓ Activities take place at the during the second playground or from 17:15 to 18:15 hours.
- ✓ The access to the School will be only through Antonio Mairenas' gate.
- ✓ The collection point for all pupils will be in the places informed by Head of Logistics at the beginning of the school year. All pupils from P5 can leave alone if they have the correct authorization.
- ✓ Activities are strictly organized according to age, class, and level of children.
- ✓ If a pupil leaves an activity before the end of the quarter, there will be no refund for the remaining classes. The non-payment of a receipt means the loss of place in the activity. Anybody who has an outstanding amount payable cannot renew registration for the next term.
- ✓ In the case of rain, there will be activities that cannot be done. We will advise you by e-mail in advance in case you can pick them up at 17:00. If you are not able to pick them up, we will keep the children in the evening class until 18:15. We cannot return money nor guarantee the recovery of the lost classes.
- ✓ The rules of behavior in the activities are exactly the same as those of the school, as these are a part of it; the pupil must show the correct attitude and behavior in these activities and cannot continue in the classes in the opposite case.
- ✓ **To cancel enrollment in any activity the school must be notified by email to marialuisa.valentin@yagoschool.com and secretaria@yagoschool.com by the 20th day of the month prior to the beginning of the next term.**